

Special Events

Letters to Santa

Receive a genuine letter from Santa Claus himself! Drop your child's personal letter in the North Pole Mailbox in the Parks & Recreation Office, or mail it to Santa, Attn: Parks & Recreation Department at P.O. Box 5106. Your child's letter must include a self addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 3 – 14.



Christmas Ornaments Workshop

Children in grades 1 - 4 and 5 - 8 will make a variety of Christmas ornaments.

Day: Saturday Date: 12/15
Place: Senior Center Fee: \$12.00
Time: Grades 1- 4: 2:00 - 3:15 p.m.
Grades 5 - 8: 3:30 - 4:45 p.m.
Instructor: Cathy Westervelt

Tots Holiday Workshop

Children ages 3 - 5 will create a holiday masterpiece using a variety of materials. Parents are encouraged to stay.

Day: Saturday Date: 12/15
Time: 12:30 - 1:30 p.m. Place: Senior Center
Fee: \$12.00 Instructor: Cathy Westervelt

New ~ Kid's Holiday Album

Look no further for a great last-minute holiday gift idea! Children in grades 1 – 4 will create a keepsake album suitable for gift giving to grandparents or other family members. Participants should bring along 15, 4"x6" photos.

Day: Saturday Date: 12/22
Session 1: 1:00 - 2:00 p.m. Place: Senior Center
Session 2: 3:00 - 4:00 p.m. Fee: \$12.00
Instructor: Pam Zavarelli



New ~ Hike with Mike

Join Brookfield Conservation Commission member Mike Murphy on a winter hike through parts of the Town's open space land. We'll observe nature and talk a little

history as we hike up to four miles over hill and dale. Appropriate dress for the weather conditions is necessary. Because of the potential for severe cold weather this hike is not recommended for children under 12. This event will begin and end at the Brookfield Nature Center where hot refreshments will be served. (If we have measurable snow, wearing snowshoes is recommended. Snowshoes may be rented at EMS in the Danbury Fair Mall, call EMS at 794-1043.)

Day: Saturday Time: 9:30 a.m. – 12:00 p.m.
Date: 1/26 Fee: \$10.00
Place: Brookfield Nature Center, 35 Obtuse Hill Rd

Special Events, continued



Afternoon of Ice Skating at Danbury Ice Arena

Join us and your friends and neighbors for an afternoon of ice-skating at the Danbury Ice Arena! We've rented out one of the rinks 3:30 – 5:00 p.m. for an afternoon of fun! Skate rentals are included or you can bring your own. We encourage you to bring bike helmets from home. (We're told that bike helmets work great for ice-skating, too!) Light refreshments will be served. There is no charge for this event, but you must pre-register, as we can only accommodate up to 250 people. Please plan to arrive at the Ice Arena by 3:00 p.m. to make sure that you get your rentals, and that you can enjoy your full time on the ice!

Day: Sunday Time: 3:30 – 5:00 p.m.
Date: 2/24 Place: Danbury Ice Arena
Fee: Free



Valentine's Day Workshop

Children ages 3 - 5 and in grades 1 - 4 will create a Valentine's day craft as a gift for Mom or Dad, or just for fun! Please wear a smock or old clothes, meet at the Senior Center.

Day: Saturday Date: 2/9
Tots: 12:30 - 1:30 p.m. Grades 1- 4: 2:00 – 3:15 p.m.
Place: Senior Center Fee: \$12.00



Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien.

Tom has delighted children at our summer camp program, and is also the instructor our ever-popular magic workshops. This performance is age appropriate for children 3 – 10, and will be held in the auditorium of Brookfield High School, 10:00 – 10:45 a.m. There is no charge, but pre-registration is requested by calling the Parks & Recreation Office at 775-7310.

Day: Thursday Time: 10:00 a.m.
Date: 2/14 Place: BHS Auditorium
Fee: Free



12th Annual Egg Hunt

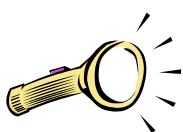
Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 15. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec. Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt at the Senior (Community) Center.

Age Divisions:

Under 3 at 12:00 p.m.
3- 4 year olds at 12:15 p.m.
5 - 6 year olds at 12:30 p.m.
7 - 8 year olds at 12:45 p.m.

Day: Saturday Time: See above
Date: 3/15 Fee: \$1.00

Special Events, continued



9th Annual Flashlight Egg Hunt

Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All

participants must bring their own flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday

Time: 8:00 p.m.

Date: 3/14

Fee: \$1.00

Easter Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggcellent craft for Easter.

Day: Saturday

Date: 3/15

Tots: 1:30 – 2:30 p.m.

Grades 1- 4: 3:00 – 4:15 p.m.

Place: Senior Center

Fee: \$12.00



Magic Workshops

Calling all future Harry Houdini's and David Copperfield's! Students age 5 - 12 will learn five magic tricks from a full-time professional magician, and will receive their own magic kits containing the props necessary to perform them at home.

All new magicians will also receive their own magic wand, as well as a certificate of completion. Each workshop includes different magic tricks, so students may enroll in all three.

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Wednesday, January 30, 3:50 – 4:50 p.m., HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Wednesday, February 27, 3:50–4:50 p.m., HHES Music Rm.

Presto – Magic Workshop 3:

Wednesday, March 19, 3:50 – 4:50 p.m., HHES Music Rm.

Alakazaam – Magic Workshop 4:

Wednesday, April 23, 3:50 – 4:50 p.m. HHES Music Rm.

Ice Skating on Whalen Pond

Did you know that Whalen Pond is open to Brookfield residents for ice-skating during the winter months? Whalen Pond, also known as Hillandale Pond, is located at the intersection of Broadview and Hillandale Roads, near Brookfield High School. Ice conditions are checked Monday through Friday for safety, and a “skating” or “no skating” sign is posted at the Pond. Please note that conditions are not updated on weekends or holidays.



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a “class proposal form” from our website. Days and times of classes are flexible, and previous

teaching experience is not always necessary. Class proposals should be received by 2/1/08 to be considered for the spring /summer program guide.

Get out of Town



New~ Rangers vs. Bruins

We're joining our friends at Redding Parks & Rec. for our second annual Rangers trip. We'll be leaving from the Redding Community Center, 37 Lonetown Rd, at 9:00 a.m. for a game time yet to be determined. (We expect a 1:00 p.m. or 2:00 p.m. game start. If the predicted game time should change significantly, we will change the departure time, and you will be notified by phone.) You'll have time on your own for lunch or shopping before the game at Madison Square Garden. Leave NYC at game's conclusion. Fee of \$59.00 includes ticket in section 416 and coach bus transportation.

Day: Sunday

Time: 9:00 a.m. departure

Date: 1/20

Fee: \$59.00



UConn Women v. Seton Hall

Join us on our annual outing to cheer the Lady Huskies to victory. This year, we'll be leaving from Brookfield Town Hall at 10:30 a.m. for a 2:00 p.m. game on the Seton Hall University

Campus. Return to Brookfield at the game's conclusion. Fee of \$47.00 includes ticket and coach bus transportation.

Day: Saturday

Time: 10:30 a.m. departure

Date: 2/9

Fee: \$47.00

Jersey Boys

This new musical has soared to the top of the charts with critics and audiences alike, winning the award for Best Musical at the 2006 Tonys! The story takes you behind the music of Frankie Valli & The Four Seasons, following the rags-to-rock-to-riches tale of four blue-collar kids working their way from the streets of Newark to the heights of stardom and features such hits as "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off You," "Oh, What a Night" and more. We'll be leaving Brookfield Town Hall at 10:00 a.m. and you will have plenty of time for lunch on your own before the 3:00 p.m. matinee show. Leave NYC at approximately 6:00 p.m. Seats are in the rear mezzanine. We are currently taking a waitlist for this trip. Please call to be put on the waitlist, as if interest is great enough, we will try to get tickets for an additional date in 2008.

Day: Sunday

Date: 3/30/08

Time: 10:00 a.m. departure

Fee: \$144.00



New ~ Taste of the Big Apple

We all know NYC for the Museums and Broadway shows, but what about the food? Join us as we “nosh” our way through NYC neighborhoods with a local guide including Zabar's Deli, Little Italy, Kossar's Bakery located in the Jewish Lower East Side, Chinatown and Greenwich Village with a stop on Bleeker Street. You'll also have time on your own to explore the area around St. Patrick Cathedral. Fee of \$55.00 includes deluxe coach transportation and guide. Any food you decide to purchase will be at an additional expense. Leave NYC at 5:00 p.m.

Day: Sunday

Time: 8:00 a.m. departure

Date: 4/27

Fee: \$55.00

**W.E.R.A.C.E. - Western Connecticut
Regional Adult and Continuing Education
Danbury Community Resource Center
797-4731 Mandated Programs**

Classes in Basic Reading, Math, and Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma Program)

Basic Computing

This course is designed for individuals with no computer skills who wish to learn the basics of the windows operating system and the use of a word processor, spreadsheet, and database. MS Works will be used in the course to teach word processing, spreadsheets and database use.

Day: Wednesday Time: 6:30 – 8:00 p.m.
Dates: 2/6 – 3/12 (6 wks) Fee: \$185.00
Place: Computertalk, 475 Federal Road, Unit B

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday Time: 6:30 – 8:00 p.m.
Dates: 1/14 – 1/21 (2 wks) Fee: \$65.00
Place: Computertalk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

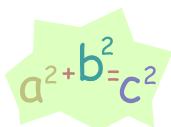
knowledge of MS Word is required.

Day Monday Time: 6:30 - 8:00 p.m.
Dates: 1/28 – 2/11 (3 wks) Fee: \$110.00
Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000– Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Tuesday Time: 6:30 - 8:00 p.m.
Dates: 1/15 – 1/22 (2 wks) Fee: \$65.00
Place: Computertalk, 475 Federal Road, Unit B



Microsoft Excel 2000 – Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates.

Day: Tuesday Time: 6:30 - 8:00 p.m.
Dates: 1/29 – 2/12 (3 wks) Fee: \$110.00
Place: Computertalk, 475 Federal Road, Unit B

Microsoft Access 2000 – Level 1

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.
Dates: 1/17 – 1/31 (3 wks) Fee: \$135.00
Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Access 2000– Level 2

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types, using the office clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.
Dates: 2/7 – 2/21 (3 wks) Fee: \$135.00
Place: Computer Talk, 475 Federal Road, Unit B

Microsoft Access 2000– Level 3

For those who have completed Access Level 2 or have similar knowledge. During this course participants will master the following skills: modifying input masks and creating look up fields, defining relationships-use of multi-field primary keys, specifying join properties, creating and modifying forms in design view, refining queries-creating total queries, creating action and parameter queries, creating reports in design view, and more. A course manual and disk are provided.

Day: Thursday Time: 6:30 - 8:00 p.m.
Dates: 2/28 – 3/13 (3 wks) Fee: \$135.00
Place: Computer Talk, 475 Federal Road, Unit B

Microsoft PowerPoint 2000 Level 1



The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in normal, slide sorter, and

outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. Course manual and disk provided.

Day: Wednesday Time: 6:30 - 8:00 p.m.
Dates: 1/16 – 1/30 (3 wks) Fee: \$135.00
Place: Computer Talk, 475 Federal Road, Unit B

Selling on eBay

Tired of the clutter in your home? Want an easy solution to cleaning the attic without the hassles of a tag sale? Have collectibles you want to part with for cash? Perhaps you have always been curious about selling on eBay but not quite sure how to go about it? This class may be for you. This introductory course will examine the basic aspects of selling on eBay. Throughout this course you will learn how to set up an eBay account, search for related items, list your items competitively, add pictures to a listing, manage your account, answer buyer questions, ship from home using USPS, and much more. Also covered are safety tips concerning how to keep your online account safe. This course is open to adults age 18 and over with some internet experience.

Day: Thursday Time: 6:30 – 8:00 p.m.
 Dates: 3/13 – 3/27 (3 wks) Fee: \$58.00
 Place: BHS Room 240 Instructor: Anne Joyce

Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. You'll learn what all those camera buttons and hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Wednesday Time: 7:00 - 9:00 p.m.
 Dates: 1/16 – 2/13 (5 wks) Fee: \$70.00
 Instructor: MaryAnn Kulla Place: Town Hall Mtng Rm.



Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make some prints using your home printer. Computer familiarity is essential. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera.

Day: Wednesday Time: 7:00 - 9:00 p.m.
 Date: 2/27 Place: BHS Room 240
 Instructor: MaryAnn Kulla Fee: \$25.00

Beginning Photoshop Elements

If you would like to enhance your photos or artwork, this class will get you started on the right track. It will introduce you to the basics of Photoshop Elements. We'll learn what the tools and palettes do; how to adjust color, change the size of an image, make selections and manipulate them. Computer familiarity is required because this will be a hands-on class. Questions and experimentation will be encouraged. Please come to class with the book Photoshop Elements 2 by Mike Wooldridge from the "Teach Yourself Visually" series. (You can find these on Amazon for as little as \$1.50.)

Day: Wednesday Dates: 3/5 – 3/26 (4 wks)
 Time: 7:00 - 9:00 p.m. Instructor: MaryAnn Kulla
 Place: BHS Room 240 Fee: \$70.00

Beyond Beginners Bridge

For beginners who have previously played bridge. We will review opening bids and responses and study jump responses, rebids, reverses, slam bidding and play of the hand. Much of the time in class will be spent practicing new skills.

Day: Tuesday Time: 7:00 – 8:30 p.m.
 Dates: 1/15 – 2/19 (6 wks) Fee: \$48.00
 Instructor: Irv Agard
 Place: Senior Center Craft Room



Play Bridge!

Are you looking for people to play bridge with? If you have taken our Advanced Beginners class (or have similar knowledge), please join us for eight weeks of play.

Day: Wednesday Time: 6:30 – 8:30 p.m.
 Dates: 1/16 – 3/5 (8 wks) Fee: \$58.00
 Instructor: Irv Agard
 Place: Senior Center Craft Room

Organize Your Home

If you want to live a calmer, more organized life, now is the time to learn how! During this two-hour class The Joyful Organizer will give you the tools necessary to create organizational systems that meet your family's needs and daily habits. Areas to be discussed include: closets, living spaces, kitchens and kid's rooms. Participants are encouraged to come with questions and even photos of their own organizational challenges.

Day: Wednesday Time: 7:00 – 9:00 p.m.
 Date: 1/30 Fee: \$25.00
 Instructor: Bonnie Joy Dewkett, The Joyful Organizer
 Place: Town Hall Meeting Room

New ~ COMMUNICATION

"From the Top Down"

Are you looking to improve your communication skills at work or at home? Do you want to understand why sometimes you feel heard, but not understood or why you need to say something more than once to get the results you want? "From the Top Down" is a series of workshops that concentrates on developing and honing specific communication skills that can help develop relationships both at work and in the home. In the Communication workshop, Course Developer and Facilitator Dan Suib will go over the most common poor and successful communication behaviors, define what "communication" consists of, break down the five barriers of communication, discuss how self-image and self-esteem play a role in the communication process, and how to get your ideas across and get ideas from others. You will gain knowledge of the different forms of communication, and how they can affect our daily lives if not understood. Start the New Year with a better relationship with your spouse...children...parents, friends or even employees.

Day: Tuesday Time: 6:30 – 9:30 p.m.
 Instructor: Dan Suib Fee: \$60.00 / session
 Place: BHS Classroom
 Session 1: 1/15 – 1/22 (2 wks)
 Session 2: 2/5 – 2/12 (2 wks)
 Session 3: 2/26 – 3/4 (2 wks)



New ~ CONFLICT RESOLUTION "From the Top Down"

Conflict is a part of all of our everyday lives, whether we like it or not. Sometimes we can manage the conflict...other times, it overwhelms us. "From the Top Down" is a series of workshops that concentrates on developing and honing specific skills that help individuals understand and manage the various forms of conflict that we encounter on a day-to-day basis. Course Developer and Facilitator Dan Suib will define what conflict means and how it differs from solving problems. As we go over the different methods of managing conflict in our lives, we try to analyze the effective and ineffective styles of conflict resolution and find out how these styles affect our entire life. You will gain knowledge of the good and bad forms of conflict, along with the different causes of these conflicts.

Day: Thursday Time: 6:30 – 8:30 p.m.

Instructor: Dan Suib Fee: \$40.00 / session

Place: BHS Classroom

Session 1: 1/17 and 1/24(2 wks)

Session 2: 2/7 and 2/21(2 wks)

Session 3: 3/6 and 3/13 (2 wks)

New ~ The Chakras

The chakras are a system of energy centers within all of us. They are your spiritual backbone. A knowledge of how they function is essential to a complete understanding of yourself and your purpose. This class can help you "connect the dots" in life.

Day: Tuesday Time: 7:00 start

Session 1: 1/15 – 2/12 (5 wks)

Session 2: 2/19 – 3/18 (5 wks)

Place: Body Shop Fitness Club Fee: \$250.00/session

New ~ Let's Have a Safe Lawn!



Participants will learn how to convert to and maintain a healthy lawn without using toxic chemicals that are harmful to children, pets, and the environment. Two intensive sessions will cover how to make the transition, what to do, and what to expect.

Our instructor, Lorraine Ballato, since retiring from corporate America, has turned her passion for gardening into a second career as a free-lance garden writer and communicator, writing for publications including *People, Places, and Plants*, and *Connecticut Gardener*, among others. She continues to add to her horticultural knowledge through her work at a nationally recognized mail order/retail nursery and as an Advanced Master Gardener.

Day: Tuesday Time: 7:00- 9:00 p.m.

Dates: 2/19 and 2/26 (2 wks) Fee: \$25.00

Place: Town Hall Meeting Room

New ~ Low Toxic Approaches to Home Gardens and Landscapes

Participants will learn about current products and techniques available to deal with common flower and vegetable garden issues as well as safe solutions for sick trees and shrubs. We'll cover multiple approaches available to keep your landscape healthy and better able to deal with pests, diseases, the stresses of drought and other seasonal challenges with little or no toxic impact on children, pets, the environment and most importantly, you, the gardener. We will NOT cover lawns. Our instructor, Lorraine Ballato, since retiring from corporate America, has turned her passion for gardening into a second career as a free-lance garden writer and communicator, writing for publications including *People, Places, and Plants*, and *Connecticut Gardener*, among others. She continues to add to her horticultural knowledge through her work at a nationally recognized mail order/retail nursery and as an Advanced Master Gardener.

Day: Wednesday Time: 7:00- 9:00 p.m.

Dates: 3/19 and 3/26 (2 wks) Fee: \$25.00

Place: Town Hall Meeting Room

New ~ Foods for All Seasons

The availability of foods year round has made many of us

lose touch with eating seasonally. Our bodies are better nourished and more satisfied when we eat in accordance with the seasons. Making food choices based on the time of year helps ensure variety and optimal nutrition in our diets. Join us as we discuss

seasonal eating and choices that will add flavor and diversity to your meals. HANDOUTS, SAMPLING, and RECIPES will reinforce what you have learned. Our instructor, Hillary Stern is a Food Counselor and Educator, trained at the Natural Gourmet Cookery School in New York City, who loves eating for health and enjoyment. She specializes in healthy eating made simple and helps individuals and families learn how to pick, plan and prepare delicious foods for a healthier life.

Day: Wednesday

Time: 7:00 – 8:45 p.m.

Date: 1/23

Fee: \$25.00

Place: Town Hall Mtng. Rm.

Instructor: Hillary Stern

New ~ What is a Well-Balanced Meal?

We are creatures of habit and most of us eat the same 10-15 foods every day with little thought to balancing our meals and nutritional input. We will discuss how to plan meals that are easy, delicious and healthy. Learn new ways to combine foods to make balanced meal options full of flavor, variety and nutrition. HANDOUTS, SAMPLING and RECIPES will enable you to immediately apply what you've learned to your meal planning. Our instructor, Hillary Stern is a Food Counselor and Educator, trained at the Natural Gourmet Cookery School in New York City, who loves eating for health and enjoyment. She specializes in healthy eating made simple and helps individuals and families learn how to pick, plan and prepare delicious foods for a healthier life.

Day: Wednesday

Time: 7:00 – 8:45 p.m.

Date: 2/20

Fee: \$25.00

Place: Town Hall Mtng. Rm.

Instructor: Hillary Stern

New ~ A Healthy Way to Weigh Less

Are you interested in losing weight and keeping it off? Join us for a series of classes that help you through the process of weight loss. Learn about foods, nutritional labeling, low fat cooking and behavior modification. All of these strategies are designed for your individual life style. Work with a Registered Dietitian to complete your goals. Classes generally last one hour.

Day: Tuesday Time: 7:15 – 8:15 p.m.
 Dates: 1/22 – 3/25 (10 wks) Fee: \$120.00
 Place: The Body Shop Fitness Club
 Instructor: Denise Turnbull



Color Me Beautiful

Have you ever wondered what colors look best on you? In this workshop you'll be introduced to the Color Me Beautiful program. It provides women with the benefits of a personalized color

identification of your natural coloring that can be coordinated with a seasonal palette. The seasonal palette will help you choose clothing colors that are best for you. And when you are wearing your best colors, you will feel younger, thinner, prettier and more self-confident.

Day: Tuesday Time: 6:30 – 8:30 p.m.
 Date: 1/22 (1 wk) Fee: \$20.00
 Place: Town Hall Mtng. Rm. Instructor: Pat Rayner

Community First Aid & Safety

Instruction in Adult, Infant, and Child CPR and basic first aid in this 3-night course. Certification in Red Cross CPR and First Aid upon successful completion of course and tests. Fee includes cost of skill cards.

Day: Tuesday Time: 6:30 - 9:30 p.m.
 Dates: 1/8 – 1/22 (3 wks) Fee: \$85.00
 Place: Town Hall Instructor: Debbie Zilinek



Adult CPR Recertification

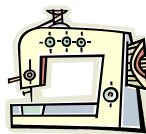
Recertification for people whose certification in Adult CPR is expiring. All participants will also receive new skill cards with updated information from the Red Cross.

Day: Tuesday Time: 6:30 - 8:30 p.m.
 Date: 2/5 Fee: \$34.00
 Place: Town Hall Instructor: Debbie Zilinek

Infant & Child CPR Recertification

Recertification for people whose certification in Infant and Child CPR is expiring. All participants will also receive new skill cards with updated information from the Red Cross.

Day: Tuesday Time: 6:30 - 8:30 p.m.
 Date: 2/26 Fee: \$34.00
 Place: Town Hall Instructor: Debbie Zilinek



Beginning Sewing II

Have you ever wanted to learn how to sew? Or maybe you started to learn years ago, but need to refresh your skills? Here's your chance in this program for students with little

or no sewing background. The first class will meet at Joanne's Fabrics in Brookfield, where the instructor will help you pick out a pattern and fabric suitable for the project that you'd like to complete. Over the next five weeks you'll be walked through the steps to complete your project, including how to read a pattern, and how to use a sewing machine. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100. (Be prepared to purchase at first class.)

Day: Monday Time: 6:00 – 8:00 p.m.
 Dates: 1/28 – 3/10 (6 wks)-no class 2/18
 Place: WMS Home Ec. Room Instructor: Karen Ryavec
 Fee: \$90.00

Floral Design for Beginners

A new year is beginning so how about learning a new skill that will allow you to make your own fresh flower arrangements and centerpieces? Be ready to show off your hidden talents to your family and friends after your first class. This class is taught by a professional floral designer, and features the basic design of an arrangement, including round, one sided, and centerpiece arrangements. Additional materials fee of approximately \$18.00 must be paid to instructor each week to cover the cost of flowers. No experience is necessary! Please bring floral snips.

Day: Monday Time: 7:30 - 9:30 p.m.
 Date: 1/14 – 1/28 (3 wks) Fee: \$45.00
 Place: Senior Center Craft Room
 Instructor: Shannon Schnuerer



Floral Design - Intermediate

Take what you already know and step it up a notch with the help of an experienced floral designer. Make larger and more interesting arrangements using unique containers and fresh flowers. Watch your creativity and knowledge grow giving you beautiful

arrangements to take home each week. Additional materials fee of approximately \$23 must be paid to the instructor each week. Please bring floral snips. Pre-requisite "Floral Design for Beginners" or floral experience.

Day: Monday Time: 7:30 - 9:30 p.m.
 Date: 2/4 – 2/18 (3 wks) Fee: \$45.00
 Place: Senior Center Craft Room
 Instructor: Shannon Schnuerer

Adult Fitness



Train for a 5K

Are you interested in running a 5K (3 miles) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs

and short lectures. (Come dressed to run and bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/11/08. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a certified personal trainer, Pilates instructor and spinning instructor.

Day: Tuesday Time: 6:00 – 7:00 PM

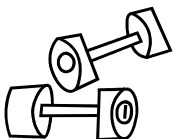
Dates: 3/25 – 5/6 (6 wks) - no class 4/15

Instructor: Cassie Dunn Fee:

Place: NO LIMIT Fitness, 1120 Federal Road, Brookfield

Jump Start Your Weight Loss

Join us for this program designed to get you on track for a healthier lifestyle with exercise and nutritional counseling. After a full fitness assessment, you'll be meeting with a nutritionist once a week for six weeks, as well as a personal trainer twice a week for six weeks. But make sure that you're committed, as no make-ups will be given. (And you know how the trainer will make the next workout twice as hard, anyway!) Sessions will be planned according to your schedule, with The Body Shop Fitness Club contacting you to set up mutually convenient times. When registering please specify if you would like hour long personal training sessions at a cost of \$595 for six weeks, or half-hour long personal training sessions at a cost of \$330.



Weight Training for Women

This class will teach you how to lift weights safely and with proper technique. You will learn how to strengthen all your muscle groups with resistance training. You will

learn how to use free weights as well as barbells and resistance machines for your specific needs. This class will teach you how to design a weight training program to burn fat, boost your metabolism by increasing muscle mass and strengthen your bones. You will become leaner and stronger.

Day: Saturday Time: 9:00 – 10:15 a.m.

Dates: 1/26 – 3/8 (6 wks) -no class 2/16

Instructor: Cassie Dunn Fee: \$100.00

Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

Abs, Buns & Thighs

A below the belt body sculpting class, focusing on buttocks, inner and outer thighs, hips and abdominal. Suitable for all fitness levels.

Day: Tuesday Time: 7:00 -7:45 p.m.

Dates: 1/15 – 4/1 (12 wks) Fee: \$108.00

Instructor: Blythe Evans

Place: The Body Shop Fitness Club

Adult Fitness – Aerobics

Zumba

A new workout sensation that has taken American fitness to new heights, Zumba is a cardio fitness workout based on dance moves. The workout combines high energy and motivating music with unique moves and combinations based on the principle that exercise should be fun and easy to do. Zumba can potentially reshape all parts of your body.

Session 1: Wednesday, 9:10 - 10:10 a.m.

Dates: 1/16 – 4/2 (12 wks) Fee: \$144.00

Instructor: Lynda Muir

Session 2: Friday, 9:10 – 10:10 a.m.

Dates: 1/18 – 4/4 (12 wks) Fee: \$144.00

Instructor: Lynda Muir

Session 3: Monday 6:00 – 7:00 p.m.

Dates: 1/14 – 3/31 (12 wks) Fee: \$144.00

Instructor: Dolores Tirri

Session 4: Wednesday 6:30 – 7:30 p.m.

Dates: 1/16 – 4/2 (12 wks) Fee: \$144.00

Instructor: Blythe Evans

Place: The Body Shop Fitness Club, 14 Delmar Drive

Cardio Boot Camp

Total body conditioning that is bound to get you in shape. Perform your best in this multi level class that focuses on strength and endurance.

Day: Monday Time: 9:10 – 10:10 a.m.

Dates: 1/14 – 3/31 (12 wks) Fee: \$132.00

Instructor: Michele Winter Place: Body Shop Fitness Club

Muscle Toning

Overall body conditioning from your neck to your toes.

Day: Tuesday Time: 9:10 – 10:10 a.m.

Dates: 1/15 – 4/1 (12 wks) Fee: \$132.00

Instructor: Michele Winter Place: Body Shop Fitness Club



Total Body Workout

Designed to tone and strengthen all of your muscle groups. Work at your own level and boost your metabolism with a comprehensive workout.

Session 1: Saturday, 9:15 – 10:45 a.m.

Dates: 1/12 – 4/5 (13 wks) Fee: \$215.00

Session 2: Wednesday, 5:30 – 6:30 p.m.

Dates: 1/16 – 4/2 (12 wks) Fee: \$132.00

Instructor: Donna Pace

Place: The Body Shop Fitness Club

Cardio Express

A cardio class that begins with a warm up, continues with various cardio workouts and ends with a stretching and cool down.

Day: Thursday Time: 8:30 – 9:30 a.m.

Dates: 1/17 – 4/3 (12 wks) Fee: \$132.00

Instructor: Terri Richman

Place: The Body Shop Fitness Club

Cardio Blast

This class is 100% fat burning. Cardio conditioning followed by 15 minutes of body conditioning using bars, bands, and weights.

Day: Tuesday Time: 6:00 – 7:00 p.m.

Dates: 1/15 – 4/1 (12 wks) Fee: \$132.00

Instructor: Blythe Evans Place: Body Shop Fitness Club

Adult Fitness – Yoga and Pilates



Intro to Yoga with Gloria

If you've never tried yoga, or would like a refresher on the basics, this is the class for you! Kripalu Certified Yoga instructor, Gloria Owens, makes learning yoga safe, fun and

accessible in this class geared especially for beginners. Gloria teaches the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. The class concludes with a guided relaxation/meditation to leave you feeling restored, refreshed and ready to face the world.

Day: Monday Time: 7:30 - 9:00 p.m.

Dates: 1/14 - 4/7 (12 wks)-no class 2/18

Place: YogaSpace Fee: \$144.00

New ~ Hot Vinyasa with Colleen

Purify and detox while deepening your vinyasa yoga practice in a heated (warm, but not too hot) room with a truly inspirational vinyasa teacher, Colleen Breeckner. Vinyasa is a dynamic flow of yoga postures that builds strength and balance while creating an extraordinary sense of inner focus and calm. Dress lightly, bring water and a towel and enjoy this magical way to spend a winter evening each week.

Day: Thursday Time: 7:15 - 8:30p.m.

Dates: 1/17- 4/3 (12 wks) Instructor: Colleen Breeckner

Fee: \$144.00 Place: YogaSpace

Pre-Natal Yoga with Cyndi

Yoga especially for pregnant Moms-to-be! Gentle and nurturing asana and breath work provide a space to learn, embrace, and accept where you are with grace and courage, while easing the aches and pains of pregnancy, childbirth, mothering, and life. What better way to experience love for self and baby than through yoga. Your doctor or midwife's permission to participate in this class is recommended.

Day: Thursday Time: 5:45 - 7:00 p.m.

Dates: 1/17 - 3/6 (8 wks) Fee: \$96.00

Place: YogaSpace Instructor: Cyndi Gaffney



Pilates

A class that focuses on the ageless concepts of a strong center, positive alignment and mental focus. Improve torso strength, joint mobility and body posture with movements

that increase your range of motion.

Session 1: Thursday, 9:30 - 10:30 a.m.

Dates: 1/17 - 4/3 (12 wks) Fee: \$132.00

Session 2: Thursday, 7:00 - 8:00 p.m.

Dates: 1/17 - 4/3 (12 wks) Fee: \$132.00

Instructor: Ellen Serino Place: Body Shop Fitness Club

Introduction to Pilates

Tired of feeling intimidated in an exercise class? Do you think everyone knows more or can do more than you? This class is for you! Our certified Pilates instructor will guide you through the essential principals of matwork. The instructor will break down each exercise so that you can achieve control and knowledge at your fitness level. You will improve your flexibility and core strength. **YOU CAN DO THIS!**

Day: Saturday Time: 9:00 - 10:00 a.m.

Dates: 1/26 - 3/8 (6 wks) - no class 2/16

Instructor: Melena Sorena Fee: \$60.00

Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

Adult Fitness - Open Gyms



Open Basketball Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$50.00 or pay \$5.00 nightly at the door.

Passes will not be sold after 12/17/07 and no credit for nightly passes will be given. Program canceled on days when school is not in session or dismisses early.

Days: Monday Time: 7:30 - 9:30 p.m.

Dates: 11/5/07 - 4/7/08 Place: BHS Gym

Fee: \$5.00/night or \$50.00/season pass

Open Volleyball

Ongoing Wednesday night open play for adults 18 and over. Purchase a season pass for \$50.00 or pay \$5 nightly at the door. Passes will not be sold after 12/19/07 and no credit for nightly passes will be given. Open gym is canceled on days when school is not in session or dismisses early.

Days: Wednesday Time: 7:30 - 9:00 p.m.

Dates: 11/7/07 - 4/9/08 Place: WMS Gym

Fee: \$5.00/night or \$50.00/season pass



Indoor Soccer Tuesday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door. Open gym is

canceled on days when school is not in session or dismisses early.

Days: Tuesday Time: 7:30 - 9:00 p.m.

Dates: 1/8/08 - 3/25/08 Place: WMS Gym

Fee: \$5.00/night or \$45.00/season pass

Adult Fitness – Ice Skating



Learn to Ice Skate for Adults

Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight-week duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 at the same day and time, with different instructors.

Skate 1: Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops.

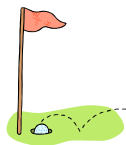
Skate 2: This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Day: Thursday Time: 5:45 - 6:15 p.m.

Dates: 1/3 - 2/21 (8 wks) Fee: \$128.00

Place: Danbury Ice Arena, 1 Independence Way

Adult Fitness - Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. Classes meet 6:00–7:00 p.m.

January: Mondays – 1/7, 1/14, 1/21, 1/28

February: Tuesdays – 2/5, 2/12, 2/19, 2/26

March: Wednesdays – 3/5, 3/12, 3/19, 3/26

Adult Intermediate

January: Wednesdays – 1/9, 1/16, 1/23, 1/30

February: Thursdays – 2/7, 2/14, 2/21, 2/28

March: Mondays – 3/3, 3/10, 3/17, 3/24

Women Only Classes (Beginner)

January: Tuesdays – 1/8, 1/15, 1/22, 1/29

February: Wednesdays – 2/6, 2/13, 2/20, 2/27

March: Thursdays – 3/6, 3/13, 3/20, 3/27

Adult Fitness – Self Defense

New ~ Fast Defense at Zandri's Martial Arts

Did you know that 75% of assaults on women are successfully committed by verbal provocation alone? In other words, an attacker usually just has to use a verbal threat like, "Do what I say or I will kill you" and a woman will comply without any physical coercion. As scary as this sounds, anyone trained in the "Fast Defense" system can effectively defend herself simply by having a strong verbal defense. "Fast Defense" is commonly referred to as the missing link in the traditional self-defense training. In "Fast Defense" training participants will: gain greater confidence and control in all facets of their lives; discover a powerful voice, assertive communication skills to handle any situation at home, work, or play; gain awareness of the common mistakes people make in everyday situations that often get them into trouble; and find and utilize the power of fear, not be paralyzed by it. This program is open to women over the age of 16, and is limited to 25 participants.

Day: Sunday Time: 1:00 – 4:30 p.m.

Date: 1/27 Fee: \$39.00

Place: Zandri's Martial Arts, 317 Federal Road

Adult Fitness – Dance

For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.

Ballroom and Latin Mix for Singles

We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances.

Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 6:00 – 6:45 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 1/22 – 3/11(8 wks)



Strictly Ballroom Dance

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress

release. The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz and Quick Step. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 6:45 – 7:30 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 1/22 – 3/11(8 wks)



Latin Dance

What better way to beat the blues? Come and learn the spicy Mambo/Salsa and Cha-Cha that is found in much of today's popular music. Samba, the "dance of love" Rumba, and East Coast Swing also known as Jive are among the dances you may learn this session at the instructor's

discretion. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 7:30 – 8:15 p.m.

Place: WMS Cafeteria

Fee: \$65.00/person

Dates: 1/22 – 3/11(8 wks)

Tots Activities



Jumpin' Beans

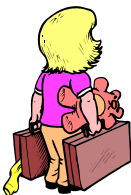
Children will increase socialization skills and coordination through musical games with their parent and other children 18 - 24 months old. Please bring a snack.

Instructor: Donna Korb Fee: \$39.00/session
 Day: Wednesday Time: 9:30 – 10:15 a.m.
 Place: Congregational Church, Fellowship Hall
 Session 1: 1/9, 1/16, 1/23, 1/30, 2/6 (5 classes)
 Session 2: 2/20, 2/27, 3/5, 3/12, 3/19 (5 classes)

Two Good to be True

Children ages 2-3 and parent or caregiver will meet for songs, games, and arts & crafts. Please bring a snack. Since demand has been so great for this program, we have created two time slots. Please specify time and session when registering.

Instructor: Donna Korb Fee: \$48.00/session
 Day: Wednesday Time: 10:15 – 11:15 a.m.
 Day: Wednesday Time: 11:15 a.m. – 12:15 p.m.
 Place: Congregational Church, Fellowship Hall
 Session 1: 1/9, 1/16, 1/23, 1/30, 2/6 (5 classes)
 Session 2: 2/20, 2/27, 3/5, 3/12, 3/19 (5 classes)



Explorers

Children ages 3 ½ - 5 will meet for games and a variety of activities including story telling, mini-puppet shows, songs, and arts & crafts. Please bring a snack and something for show and share. Please

note that children must be potty trained to attend without a parent. Class size limited to 12.

Instructor: Donna Korb Fee: \$68.00/session
 Day: Wednesday Time: 12:15 - 1:45 p.m.
 Place: Congregational Church, Fellowship Hall
 Session 1: 1/9, 1/16, 1/23, 1/30, 2/6 (5 classes)
 Session 2: 2/20, 2/27, 3/5, 3/12, 3/19 (5 classes)



Singing and Signing

Did you know that babies start signing between the ages of 7 and 10 months old? It's been proven that babies who sign; speak earlier than non-signers, experience less

frustration, develop larger vocabularies, become better readers and have IQ's that are at least 10-12 points higher than their peers. Ms. Janine is a pioneer when it comes to signing with infants through school age children. It's been her passion for over 10 years! Teaching signs to your little ones is the new craze. Join Ms. Janine and see how fun and easy it is to learn through the magic of children's music. In order to better accommodate your child, we have divided the times by ages. Please specify what time and session you would like when registering. Class size is limited to 15 children.

Day: Wednesday Instructor: Janine Lamendola
 Infants and Toddlers (up to age 3): Time: 2:15 – 3:00 p.m.
 Preschool – K (ages 3 to 5) Time: 3:15 – 4:00 p.m.
 Dates: 1/9, 1/16, 1/23, 1/30, 2/6 (5 classes)
 Place: Congregational Church, Fellowship Hall
 Fee: \$45.00

Tots Activities, continued

Wee Crafters

Now at a new time and location! Children ages 3 - 5 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with winter and holiday themes.

Day: Friday
 Session 1: 1/11, 1/18, 1/25, 2/1 (4 wks)
 Session 2: 2/22, 2/29, 3/7, 3/14 (4 wks)
 Time: 1:00 – 2:00 p.m.
 Place: Newbury Congregational Church
 Instructor: Pam Zavarelli Fee: \$39.00 /session



'Lil Chefs

Children ages 3 and 4 will enjoy making no cook foods, as well as hands-on activities involving food and measurement. Please make us aware of any food allergies before the first class.

Day: Thursday
 Session 1: 1/10, 1/17, 1/24, 1/31 (4 wks)
 Session 2: 2/21, 2/28, 3/6, 3/13 (4 wks)
 Time: 10:00 – 11:00 a.m.
 Place: Congregational Church, Fellowship Hall
 Instructor: Jen Tomaino Fee: \$48.00 /session

Tumbling Tots

Children ages 3 – 5 will be introduced to tumbling. Class size is limited to 12. Due to overwhelming demand, we are offering two time slots for this program.

Day: Friday
 Time: 9:00 – 10:00 a.m. OR 10:00 – 11:00 a.m.
 Session1: 1/11, 1/18, 1/25, 2/1(4 wks)
 Session 2: 2/22, 2/29, 3/7, 3/14 (4 wks)
 Place: Olympia Gymnastics Fee: \$60.00/session
 Instructors: Pam Zavarelli & Jen Tomaino

Theme Weeks

Preschool children ages 2-4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music all relating to the following themes:

January: 1/14 and 1/28 Winter Wonderland
 February: 2/4 and 2/11 Happy Valentine's Day
 March: 3/3 and 3/10 Welcome Spring!

Day: Monday Time: 10:00 – 11:00 a.m.
 Instructor: Donna Korb Fee: \$20.00/month
 Place: Newbury Congregational Church, 126 Tower Rd



Learn to Ice Skate for Tots

Preschoolers age 3 ½ and older will enjoy this program which incorporates creative play and interactive learning games to teach skills. This program is designed for children who have never skated. They will learn the proper way to fall and get up, as well as marching in place and across the ice. Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight- week duration of the program, as well as skate rentals if needed. Wear helmets and gloves or mittens.

Session 1: Wednesday, 4:35 – 5:05 p.m., 1/2 - 2/20 (8 wks)
 Session 2: Thursday, 4:00 – 4:30 p.m., 1/3 – 2/21 (8 wks)
 Session 3: Friday, 10:00 – 10:30 a.m., 1/4 - 2/22 (8 wks)
 Place: Danbury Ice Arena, 1 Independence Way
 Fee: \$128.00/session

Center After School

Anything Goes with Mr. G

Anything Goes is class for both boys and girls in K and 1st grade. The class emphasizes lead-up skills to sports, as well as fitness. Children will learn skills needed for sports and other fun games and activities. Please bring a snack and a drink each week.

Instructor: Joe Genovese Time: 3:15 - 4:45 p.m.
Place: Center School Gym Fee: \$35.00/session

Day: Wednesday

Session 1: 1/16, 1/23, 1/30, 2/6 (4 wks)

Session 2: 2/20, 2/27, 3/5, 3/12 (4 wks)

Day: Friday

Session 1: 1/18, 1/25, 2/1, 2/8 (4 wks)

Session 2: 2/29, 3/7, 3/14, 3/28 (4 wks)



Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Monday Time: 3:15 - 4:15 p.m.

Dates: 1/14 - 3/17 (8 wks)-no class 1/21, 2/18

Place: Center School - Gym Instructor: Allison Gianazza
Fee: \$40.00

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Monday

Dates: 1/7, 1/14, 1/28, 2/4, 2/11, 2/25, 3/10 (7 wks)

Session 1: Grades 2 - 4 3:50 - 4:50 p.m.

Session 2: Grades K and 1 5:00 - 6:00 p.m.

Session 3: Grades 5 - 8 6:10 - 7:10 p.m.

Place: HHES - Lower Gym Fee: \$77.00/session

Acting Classes -Grade K/1

We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this winter! Some of the topics that will be covered include: exciting theater games, concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!

Day: Monday Time: 4:50 - 5:35 p.m.

Dates: 2/11 - 3/31(7 wks) - no class 2/18

Place: HHES - Upper Gym Fee: \$95.00

Instructor: www.performingartsprograms.biz

Center After School, continued

LEGO Fungineering

Young budding engineers in grades K and 1 love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! Class size is limited to 12 students.

Day: Monday

Time: 3:15 - 4:30 p.m.

Dates: 3/3 - 3/31(5 wks)

Fee: \$82.00

Instructor: Computer Explorers Place: Center School Rm.



Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Recipes will be duplicated in both of the

classes. Classes meet in the Center School Pre-School Room, 3:15 - 4:15 p.m. Fee is \$39.00/session.

Day: Tuesday

Instructor: Allison Gianazza

Session 1: 1/15, 1/22, 1/29, 2/5 (4 wks)

Session 2: 2/19, 2/26, 3/4, 3/11(4 wks)

Day: Wednesday

Instructor: Allison Gianazza

Session 1: 1/16, 1/23, 1/30, 2/6 (4 wks)

Session 2: 2/20, 2/27, 3/5, 3/12 (4 wks)



French Fantastique

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children. Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children in grades K and 1 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Wednesday

Time: 3:15 - 4:15 p.m.

Dates: 1/16 - 3/5 (8 wks)

Fee: \$72.00

Place: Center School

Instructor: Margee Minier

Spanish for Grades K & 1

We are happy to be working with LinguaKids® to offer this new program! Students in grades K and 1 will have fun learning the Spanish language through the use of games, arts and crafts, worksheets, and music. LinguaKids® uses native Spanish speakers, a multi-sensory teaching approach and a small class size (maximum of 9 students). This program is a great introduction for students who have never studied Spanish before, and also appropriate for students who have studied previously.

Day: Tuesday

Time: 3:15 - 4:15 p.m.

Dates: 1/15 - 3/18 (10 wks)

Place: Center School Rm.

Instructor: LinguaKids®

Fee: \$165.00

Center After School, continued

Yoga Bear - Yoga for Youngsters



A 45-minute yoga class for kids ages 5-9 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey through 22 poses that introduce yoga by exploring and imitating animals and nature.

Day: Monday Time: 5:00 - 5:45 pm
Dates: 1/14- 4/7 (11 wks)-no class 1/21, 2/18
Instructor: Karen Pierce Place: YogaSpace
Fee: \$132.00

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Day: Thursday Time: 3:15 - 4:15 p.m.
Dates: 1/17 - 3/20 (8 wks)-no class 2/14, 2/21
Place: Center School - Gym Instructor: Kylie Himebaugh
Fee: \$40.00



Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:15 - 3:45 p.m.
Dates: 1/17 - 2/7 (4 wks) Fee: \$28.00
Instructor: Zandri's Martial Arts
Place: Center School Cafeteria

Crafty Kids

Children in grades K and 1 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with winter and holiday themes.

Day: Tuesday
Session 1: 1/15, 1/22, 1/29, 2/5 (4 wks)
Session 2: 2/26, 3/4, 3/11, 3/18 (4 wks)
Place: Center School Art Room Time: 3:15 - 4:15 p.m.
Instructor: Jen Tomaino Fee: \$39.00/session

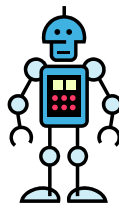
New ~ Nature All Around Us - Winter



Children in grades K and 1 will learn about the history of bulbs and plant one for themselves, make their own recycled paper, make a bird feeder and learn to identify local birds, and start some seeds for spring planting. Activities will be repeated in both sessions.

Day: Wednesday
Session 1: 1/16, 1/23, 1/30, 2/6 (4 wks)
Session 2: 2/27, 3/5, 3/12, 3/19 (4 wks)
Time: 3:15 - 4:15 p.m. Place: Center School Art Rm.
Instructor: Pam Zavarelli Fee: \$39.00/session

Huckleberry After School



LEGO Robotics

Lego Mindstorms presents children in grades 2-4 with hands-on robotic activities. They will use the familiar LEGO brick to create robots by building around a mini-computer which they can program using a software on the laptop.

This is an introductory course to both

construction concepts and computer programming fundamentals. There is a maximum of 12 students.

Day: Monday Time: 3:50 - 5:00 p.m.
Instructor: Computer Explorers Fee: \$82.00
Dates: 1/7 - 2/11(5 wks)-no class 1/21
Place: HHES

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Monday
Dates: 1/7, 1/14, 1/28, 2/4, 2/11, 2/25, 3/10 (7 wks)
Session 1: Grades 2 - 4 3:50 - 4:50 p.m.
Session 2: Grades K and 1 5:00 - 6:00 p.m.
Session 3: Grades 5 - 8 6:10 - 7:10 p.m.
Place: HHES - Lower Gym Fee: \$77.00/session



Acting Classes Grades 2-4

We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this

winter! Some of the topics that will be covered include: exciting theater games, concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!

Day: Monday Time: 3:50 - 4:45 p.m.
Dates: 2/11 - 3/31 (7 wks) - no class 2/18
Place: HHES - Upper Gym Fee: \$95.00
Instructor: www.performingartsprograms.biz

Warm Up to Soccer!

Is your 6-8 year old (or F-division player) counting the days until soccer season? Sign them up to join Brett Eannarino and volunteer parents for an 8-week session. Since soccer skills are an integral part of the game, Brett will be working on the children's skills through drills and fun games. Class size is limited to 20 students, so please register early.

Day: Thursday Time: 6:30 - 7:30 p.m.
Place: Huckleberry Lower Gym Fee: \$40.00
Dates: 1/17 - 3/13 (8 wks)-no class 2/14

Yoga Bear - Yoga for Youngsters



A 45-minute yoga class for kids ages 5-9 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey through 22 poses that introduce yoga by exploring and imitating animals and nature.

Day: Monday Time: 5:00 - 5:45 pm
 Dates: 1/14- 4/7 (11 wks)-no class 1/21, 2/18
 Instructor: Karen Pierce Place: YogaSpace
 Fee: \$132.00

Impressionistic Art Through the Eyes of a Child

We all know Madame Minier as a wonderful French teacher, but did you know that she has a degree in art history, as well? Students in grades 2-4 will discover the world of Impressionistic Art and be taken on a magical journey through the paintings of Degas, Renoir, Gauguin, Monet and Van Gogh. Madame Minier will read stories about children their age who have been on adventures to impressionistic museums, trips to Paris, visits to Monet's gardens and learn to appreciate the brilliance of these artists. Through books, pictures, movies and more, children will study, analyze and express their feelings about several famous works by these artists and then using colored pencils will create a book of their own renditions.

Day: Thursday Time: 3:50 - 4:45 p.m.
 Dates: 1/17 - 3/20 (8 wks)-no class 2/14, 2/21
 Place: HHES Art Room Fee: \$72.00
 Instructor: Margee Minier

"No Cook" Creations

Come and explore the many foods that you can create without the use of an oven or stove. Open to students in grades 2 - 4. Please make us aware of any food allergies when registering.

Day: Tuesday Time: 3:50 - 4:50 p.m.
 Instructor: Jen Tomaino Place: HHES Art Room
 Session 1: 1/15, 1/22, 1/29, 2/5 (4 classes)
 Session 2: 2/26, 3/4, 3/11, 3/18(4 classes)
 Fee: \$39.00/session



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Day: Thursday Time: 3:50 - 4:50 p.m.
 Dates: 1/17 - 3/20 (8 wks)-no class 2/14, 2/21
 Place: HHES Lower Gym
 Instructor: Dylan Heckmann Fee: \$40.00/session

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Session 1: Tuesday, 1/15 - 3/4 (8 wks)
 Session 2: Wednesday, 1/16 - 3/5 (8 wks)
 Time: 3:50 - 4:50 p.m. Place: HHES Lower Gym
 Instructor: Kylie Dunn Fee: \$40.00/session



Bowling

Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus.

When sending in a note each week to the school, please include that your child is attending bowling on bus #26. Pick- up is at Brookfield Lanes.

Day: Thursday Time: 3:50 - 5:30 p.m.
 Session 1: 1/17, 1/24, 1/31, 2/7 (4 wks)
 Session 2: 3/6, 3/13, 3/20, 3/27 (4 wks)
 Instructor: Dave Miller Fee: \$48.00/session
 Place: Brookfield Lanes

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Tuesday, Wednesday, Friday
 Time: Age 8-10: 5:30 - 6:30 p.m. Fee: \$60.00
Age 11-13 6:45 - 8:15 p.m. Fee: \$65.00
 Dates: 1/2 (W), 1/4 (F), 1/11 (F), 1/15 (T), 1/18 (F), 1/22(T),
 1/25 (F), 2/1 (F), 2/8 (F), 2/13 (W) (10 classes)
 Place: Huckleberry Hill Lower Gym Instructor: Josh Levine



Basic Drawing and Watercolor

Students in grades 2 - 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their

ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week.

Day: Tuesday Time: 3:50 - 5:20 p.m.
 Dates: 1/15 - 3/4 (8 wks) Fee: \$85.00
 Place: Huckleberry Hill School - Room 201
 Instructor: Victoria Lange



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday Dates: 1/18 - 2/8 (4 wks)
 Time: 3:50 - 4:35 p.m. Fee: \$28.00
 Instructor: Zandri's Martial Arts
 Place: Huckleberry Hill School - Lower Gym



Learn to Ice Skate Grades 1-4

Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight- week duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 concurrently with different instructors. **Skate 1:** Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops. **Skate 2:** This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.
 Session 1: Wednesday, 4:35- 5:05 p.m., 1/2 - 2/20 (8 wks)
 Place: Danbury Ice Arena, 1 Independence Way
 Fee: \$128.00/session



Spanish for Grades 2-4

We are happy to be working with LinguaKids® to offer this new program! Students in grades 2-4 will have fun learning the Spanish language through the use of games, arts and crafts, worksheets, and music. LinguaKids® uses native Spanish speakers, a multi-sensory teaching approach and a small class size (maximum of 9 students). This program is a great introduction for students who have never studied Spanish before, and also appropriate for students who have studied previously.
 Day: Thursday Time: 3:50 – 4:50 p.m.
 Place: HHES – Library Instructor: LinguaKids®
 Dates: 1/17 – 4/3 (10 wks)-no class 2/14, 2/21
 Fee: \$165.00

Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com
 Day: Friday Time: 3:50 p.m. – 5:20 p.m.
 Dates: 1/18 – 3/14 (8 wks) - no class 2/15
 Instructor: Paula Anderson of Paint, Draw & More!
 Place: HHES Art Room
 Fee: \$168.00/session (all materials included)

New ~ The Cotillion Club

The Cotillion Club will provide students in grades 2 – 4 with an opportunity to learn and practice manners and etiquette which promote self-confidence and consideration toward others, including basic introductions, telephone etiquette, basic dining etiquette and social courtesies. Students will also be exposed to social dance fundamentals from the Cha Cha and the Waltz to the Rumba and the Swing. Students should wear dress shoes each week.
 Day: Friday Time: 3:50 – 4:50 p.m.
 Dates: 1/18 – 3/7 (6 wks)-no class 2/15, 2/22
 Instructor: Frances Van Zanten
 Place: Huckleberry – Upper Gym Fee: \$35.00

Whisconier After School

9th Annual Night Sledding Trip



Looking for a fun alternative to going to the movies or the mall? Why not meet your friends for an evening of sledding at Woodbury Ski Area? Students in grades 5 - 8 will meet at the Town Hall at 5:30 p.m.

and return at 9:30 p.m. Fee includes bus transportation, lift ticket and tube rental. Be sure to bring along a change of clothes and money for snacks!
 Day: Friday Time: 5:30 – 9:30 p.m.
 Date: 2/29 (1 wk) Supervisor: Kylie Himebaugh
 Place: Woodbury Ski Area Fee: \$45.00

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.
 Day: Monday
 Dates: 1/7, 1/14, 1/28, 2/4, 2/11, 2/25, 3/10 (7 wks)
 Session 3: Grades 5 - 8 6:10 – 7:10 p.m.
 Place: HHES – Lower Gym Fee: \$77.00/session

Acting Classes Grades 5-8

We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this winter! Some of the topics that will be covered include: exciting theater games, concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!
 Day: Monday Time: 5:40 – 6:35 p.m.
 Dates: 2/11 – 3/31 (7 wks) – no class 2/18
 Place: HHES – Upper Gym Fee: \$95.00
 Instructor: www.performingartsprograms.biz



Tweens & Teen Yoga

A Class for 12-17 year olds. Teens who think yoga is too sissy will find this lively class with upbeat music a nice combination of physical challenge, stress relief, relaxation and fun.

Yoga practice benefits today's busy adolescents just as it would any other person allowing them to de-stress and center themselves. It's an inspiring way to cultivate confidence, improve focus, increase body awareness, and create a positive body image. Chill out with other teens in this ancient Indian art of self-discipline and development. Plus...yoga is cool. No yoga experience is necessary. All levels welcome. Wear loose or stretchy clothing.

Day: Monday Time: 4:00 - 5:00 p.m.
Dates: 1/14 - 4/7 (11 wks) -no class 1/21, 2/18
Instructor: Karen Pierce Place: YogaSpace
Fee: \$132.00

New ~ Tween and Teen Pilates

A class for 12 - 18 year olds. Learn the basic principals of Pilates from a certified instructor. This class will teach the core strengthening and stretching movements of Pilates. The class will be modified for each individual's particular needs. The instructor will incorporate stability balls, weights, bands and other props to facilitate movement. All levels are welcome. This is a great complement for winter sports programs and preparation for spring sports.

Day: Thursday Time: 4:00 - 5:00 p.m.
Dates: 1/17- 2/28 (6 wks) - no class 2/14
Instructor: Melena Sorena Fee: \$60.00
Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

Animation Moviemaking at WMS

Animation, what a fun concept! Working in teams, students in grades 5 - 8 do it all, from story creation to making the characters and building the sets. As they learn the production process they will use DIGITAL CAMERA and COMPUTER SOFTWARE to animate, record, download, assemble and edit their own movies. Check out our students' masterpieces in the Student Gallery at

www.computertots.com/northct. Maximum of 12 students.

Day: Thursday Time: 2:30 - 4:00 p.m.
Dates: 1/10 - 2/7 (5 wks) Instructor: Computer Explorers
Place: Whisconier Fee: \$98.00



Successful Study Skills for the Middle School Student

Good study skills and strategies can mean the difference between failure and success in school. These abilities become more and

more vital as workloads increase for students moving through middle and high school. In this one-day overview program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several handouts to help them put these guidelines into action in the real world. This is a limited small group session taught by an experienced teacher of Study Skills.

Day: Saturday Time: 11:00 a.m. -1:00 p.m.
Date: 2/9 Fee: \$35.00
Place: Tutoring Club, 270 Federal Road
Instructor: Susan Taylor

LEGO Robotics at Whisconier

Lego Mindstorms presents students in grades 5 - 8 with hands-on robotic activities. They will use the familiar LEGO brick to create robots by building around a mini-computer which they can program using a software on the laptop. This course teaches both construction concepts and computer programming fundamentals.

Day: Thursday Time: 2:30 - 4:00 p.m.
Dates: 2/28 - 3/27(5 wks) Instructor: Computer Explorers
Place: Whisconier Fee: \$98.00



Basic Drawing and Watercolor

Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be

successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week.

Day: Monday Time: 2:30 - 4:00 p.m.
Dates: 1/14 - 3/17 (8 wks)-no class 1/21, 2/18
Place: WMS Art Room Instructor: Victoria Lange
Fee: \$85.00



Digital Photography

Come join us and capture the moment! What better way to capture the world than through a digital camera lens, using WMS grounds as our canvas. Students will learn

how to operate a Sony Mavica digital camera, which we will provide, and learn picture effects such as color, black & white, sepia tone and more. Students will learn the techniques of composing and image by the use of light and subject placement. The technique of formal portraiture will be presented by the use of videos, image printouts and slideshows. All students' work will be transferred to the computer for critique and the basics of Adobe Photoshop will be covered. Students are welcome to bring their own digital cameras if they have one. Classes are limited to 5 students to allow for individual attention.

Session 1: Monday, 1/14 - 3/17 (8 wks)-no class 1/21, 2/18

Session 2: Tuesday, 1/15 - 3/4 (8 wks)

Time: 2:30 - 4:00 p.m. Place: WMS Classroom
Instructor: Penny Brennan Fee: \$80.00/session



Babysitting 101

This Red Cross accredited course will instruct babysitters ages 11 and up in the responsible care of children, including: basic care, safety, first aid, and first aid for breathing

emergencies. All students will receive their own notebooks filled with useful information for babysitters. Red Cross Babysitter Certification cards will be awarded upon successful completion. Bring a lunch, drink, and pen or pencil. Instructor: Peggy Boyle Fee: \$55.00/session

Session 1: Saturday, 1/19, 9:00 a.m. - 3:00 p.m.

at the Senior Center.

Session 2: Thursday, 2/14 9:00 a.m. - 3:00 p.m.

at Town Hall.



Weight Training for Beginners

These classes are designed to teach students the fundamentals of weight training. Students will learn to use weight training equipment, in a supervised format. Exercises such as the Bench Press and Squat, and related assistance movements will be emphasized. Upon completion of this course, students will be able to follow a workout with weights, using proper form and technique.

Day: Saturday Time: 9:00 – 10:30

Dates: 1/26 – 3/8 (6 wks) - no class 2/16

Instructor: Rob Delavega Fee: \$100.00

Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield



Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13. The program, open to those with little or no previous wrestling experience, will

emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Tuesday, Wednesday, Friday

Time: Age 8-10: 5:30 – 6:30 p.m. Fee: \$60.00

Age 11-13 6:45 – 8:15 p.m. Fee: \$65.00

Dates: 1/2 (W), 1/4 (F), 1/11 (F), 1/15 (T), 1/18 (F), 1/22(T), 1/25 (F), 2/1 (F), 2/8 (F), 2/13 (W) (10 classes)

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine



Golf Lessons for Juniors

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both

beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

January: 1/10, 1/17, 1/24, 1/31 (Thursdays)

February: 2/4, 2/11, 2/18, 2/25 (Mondays)

March: 3/4, 3/11, 3/18, 3/25 (Tuesdays)

College Planning 101: Intro. to Admissions

Your student is beginning the college planning process. But where do you start? PSAT first? Which test should follow, SAT or ACT?--And when? How do you choose schools? When do you visit? What about those endless applications and essays? This seminar gives you a road map to the process based on the experiences of seasoned admissions councilors. It is geared toward the families of current HS Juniors entering the process and sophomores who want a head start. Parent(s) and their student should attend.

Day: Thursday Time: 7:00 – 9:00 p.m.

Date: 3/27

Fee: \$25.00/family

Place: Tutoring Club, 270 Federal Road

Instructors: Neil Adam- Academic Director, Admissions Councilor and Bill Gross, Director

SAT Math Review

This course is for the student who would like to focus on preparing for the math section of the SAT or who would like to improve their score on the math portion of the test. The course will include concepts review and practice tests. A copy of the 2006 Edition of "The Official SAT Study Guide" for each student is included in the course fee. Class maximum is 10 to allow for individualized attention.

Day: Tuesday

Time: 7:00 – 9:00 p.m.

Dates: 1/29- 3/4 (6 wks)

Fee: \$130.00

Place: BHS Classroom

Instructor: Margie Aldrich



We are currently accepting applications for the following seasonal summer positions:

Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation Office

at 775-7310 for more information or to request an application.

Applications are also available for download from our website.

Deadline for applications: 3/14/08

Youth Employment Program

The Youth Employment Program is a non-profit program designed to assist students (12 years and older) in seeking part-time employment for after school and summer employment in our community.

The students are hired by a local resident to perform such tasks as: Babysitting, Yard work, Housecleaning, Office Assistance, Pet Sitting, Painting, Car washing and Shoveling in the winter. The local resident pays the student for performing these tasks.

Students seeking employment and Residents seeking help, who are interested in participating in the Program should contact The Brookfield Parks & Recreation Office at 203-775-7310 and ask for Nina.

From the Director

Ok, so you've been hearing about this multi-use trail for about 5 or 6 years now, where the heck are we with that project? You may be thinking, I've received a few updates over the last few years but nothing ever seems to happen. Well?

Did you know the CT. Department of Transportation uses the same application and approval process to build a major road as they do a bike path! As you can well imagine this is quite a lengthy process.

I can now tell you with sincere honesty that the trail is being designed as you read this. No kidding, really....For the first time ever we have paid professionals working on something other than contracts and agreements. Our goal remains 2009 for the ribbon cutting of our two-mile bike path along the Still River. Time to tune up that old bike of yours...2009 will be here before you know it.

Our staffs of Recreators and Groundsmen continue to maximize the Department's limited resources by improving upon Brookfield's recreational facilities and programs. On behalf of the Brookfield Parks & Recreation Department I would like to extend a **"Safe, Healthy and Happy Holiday Season to all of our residents."**

Dennis DiPinto, Director

Community Connection

Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	775-8167
State of CT DEP	Division of Boating	(860)434-8638
Conservation Commission	Alice Dew	740-2419
Garden Club	Betty Ziegler	775-2279
Girl Scouts		
Daisy (Kindergarten)	Lynn Ecsedy	775-0817
Brownie (Grade 1)	Julie Blick	740-9015
Brownie (Gr. 2 & 3)	Jennifer Evers	jeverson@sbccglobal.net
Junior (Grades 4-6)	Laura Hancock	775-8543
Cadette/SR (Gr 7-12)	Elaine Gregory	482-9381
Adult Leadership	Julie Blick	740-9015
Lion's Club	Robert Rascona	740-9261
MOMS Club® of Brookfield West	Margaret Petta	775-5854
	Kristi Lynn H.	775-4641
Newcomers	Rachel Scott	740-0908
P.O. Box 263	Elena Goletz	740-7271
Rotary Club	Russ Cornelius	775-8010
Senior Center	Ellen Melville	775-5308
	Gail Pellis	
Youth Employment	Nina Parks & Rec.	775-7310

Youth Sports Information

Brookfield Baseball and Softball Association **Spring 2008 Registration**

Thursday, January 10 7:00 – 9:00 p.m. Senior Center
Thursday, January 24 7:00 – 9:00 p.m. Senior Center
Thursday, January 31 7:00– 9:00 p.m. Senior Center

BBSA Spring 2008 registration will be held at the Brookfield Senior (Community) Center on Pocono Road, across from the Post Office. Registration is open to Brookfield residents only.

First time players must provide a copy of their birth certificate. Fee due at registration and will vary according to League. White baseball pants required and are available for purchase at registration.

Boys Baseball (Ages 5 – 19) Must turn 5 by 4/30/08.

Girls Softball (Ages 5 – 16) Must turn 5 by 12/31/07.

2008 Boys Baseball ages 5 through 12 or Clinic through Majors will use "Wooden Bats Only" in the Spring Season.

All those interested in Coaching Baseball or Softball in the 2008 Season and beyond must be certified. Anyone interested must sign up through the Babe Ruth Web site at www.baberuthbaseball.org and follow the directions.

Any questions on the announcements please send a note to Fern Smenyak at Smenyak@aol.com.

<http://www.leaguelineup.com/brookfield>

Brookfield Soccer Club - Spring 2008 Registration

www.brookfieldsoccer.org

Registration for the Spring 2008 season will be done via BSC's new **online registration** system on our soon-to-be-launched new website!

Please note, registration for players new to BSC will need to be done in person at Open Registration in early 2008.

Please check back for more details to be posted in the coming weeks.

For questions regarding registration, please send an e-mail to registrar@brookfieldsoccer.org

Brookfield Lacrosse Club Spring 2008 Registration

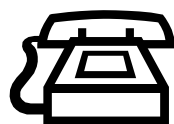
www.brookfieldlax.org

Registrations conducted online beginning in Oct 2007. Visit our website at www.brookfieldlax.org for more information

Open to Boys and Girls grades 2-8, with limited K-1 programs

Contact President Kevin Madden @ (H) 203.775.4434, (C) 203.240.1020, or Kevin.Madden@ge.com.

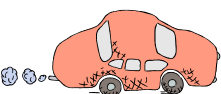
How to Register



By phone when paying by VISA, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all winter programs begins Monday, December 10.



By mail, include your name, address, phone number and the course that you are registering for, along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt.



In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.-4:30 p.m. When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for winter programs anytime during office hours.

REGISTRATIONS

- 1) Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
- 2) If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
- 3) A \$15.00 charge will be assessed on any returned checks.
- 4) **Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.**

REFUND POLICY

- 1) Registrations may be canceled up to one week prior to a program's starting date.
- 2) No refunds will be given once a program has begun, unless a substitute can be found by this department, or unless there is a medical emergency.
- 3) Absolutely no refunds will be given for any used portion of a program.
- 4) All refunds are subject to a 10% administrative surcharge.

PROGRAM CANCELLATION POLICY

- 1) Parks & Recreation reserves the right to cancel any program due to lack of participation.
- 2) Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

CLASS INFORMATION

The Brookfield Parks & Recreation Department follows the school schedule for many of our classes. Please check with the Office if you are unsure whether or not a class will meet. In the event of inclement weather cancellations or early release from school, evening classes will also be canceled.

✂Cut and mail with payment to:

Brookfield Parks & Recreation P.O. Box 5106 Brookfield, CT 06804

Make check payable to: Town of Brookfield

BROOKFIELD PARKS & RECREATION REGISTRATION FORM

Responsible Person: _____

Home Phone: _____

Address: _____

Work Phone: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Program Title	Session	Registrant's Name	D.O.B.	Grade-Fall 07	Fee
			/ /		
			/ /		
			/ /		
			/ /		
			/ /		

Total: _____

I hereby give permission for myself/my child to participate in this activity and assume the risk thereof and I do covenant for myself, my child, our heirs and assignees at all times to keep the said Parks and Recreation Commission and the Town of Brookfield free, harmless and indemnified from any and all liability for any injury myself/my child might sustain as a result of said participation.

Responsible Person Signature: _____ Date: _____

Payment Information: Cash: \$ _____ Check: \$ _____ Check #: _____ Initials: _____

Credit Card (circle one)	Amount	Card Number	Exp. Date	Auth. Number	Initials
M/C Visa Amex	\$ _____	_____	/	_____	_____